TROT•CANTER•GALLOP

PARTICIPANT HANDBOOK: GALLOP LEVEL

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An initiative of Equestrian Australia

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Welcome to Trot Canter Gallop

This three-part Equestrian Skills program is designed for beginner to advanced riders wanting to upgrade their Equestrian knowledge and skills. Participants learn the fundamentals of good horsemanship, important aspects of riding technique and etiquette, and effective application of safe horse practice – all in a fun, immersive environment.

Equestrian Australia (EA), with support from the Australian Sports Commission (ASC) NOW Sport Australia (SA) and other partners developed the Ready Set Trot junior participation program in 2013 to maximise the captivation of junior horse lovers.

Following this, it was identified that a similar program was needed for older children and beginner adults who were interested in not only learning to ride but also keen to learn what is involved with caring for a horse.

Trot Canter Gallop has been developed to fill the gap in the EA pathway by delivering an educational program for beginner riders over 12 years old while also offering Ready Set Trot graduates their next step.

The first level of this program 'Trot' includes all the skills and knowledge that we teach in the Ready Set Trot program however it has been developed and packaged into a more mature program so that it can be enjoyed by all beginner riders from teenagers to adults.

The second and third levels of this program "Canter" and "Gallop" offer further educational opportunities for Ready Set Trot and Trot graduates as well as for the more experienced riders. It will allow all levels of riders the opportunity to gain knowledge and skills that will assist them not only at home with their own horses but also if they are interested in competing in any level of competition or if they keen to gain the required skills to work within the equine community and perhaps become an official or coach with EA Qualifications.

Overview of TCG Gallop Level

Area	Coaching Outcomes
Riding	1. Prepare horse for riding. 2. Mount and dismount correctly. 3. Demonstrate a correct riding position. 4. Ride dressage movements. 5. Ride in open spaces. 6. Ride in a group and as an individual. 7. Riding over poles. 8. Demonstrate a capacity for self analysis of riding performance.
Saddlery	1. Saddle and unsaddle a horse. 2. Recall the correct terminology and care of key equestrian equipment. 3. Knowledge of fitting saddlery. 4. Reasons for use of equipment.
Safe Handling of Horses	1. Identification and understanding of horse safety. 2. Recognition of the correct terminology and use of equestrian clothing and equipment for horse handling. 3. Demonstrate how to hold a horse correctly for inspection. 4. Demonstrate bringing in and returning a horse from an open paddock. 5. Familiarisation with horse tendencies and behaviour.
General Knowledge	1. Identify points of the horse. 2. Identify basic horse characteristics. 3. Prepare a horse for travelling a short distance. 4. Recognition of a safe stable and paddock.
Horse Care	1. Identification and understanding of the use of key grooming equipment. 2. Recognition of horse ownership responsibilities. 3. Recognise the need for shoeing and understand the basic process. 4. Familiarisation of basic daily feed requirements. 5. Familiarisation of rugging horses. 6. Identification of basic horse health. 7. Assess a horse for lameness.

GENERAL KNOWLEDGE AND SAFETY AROUND HORSES

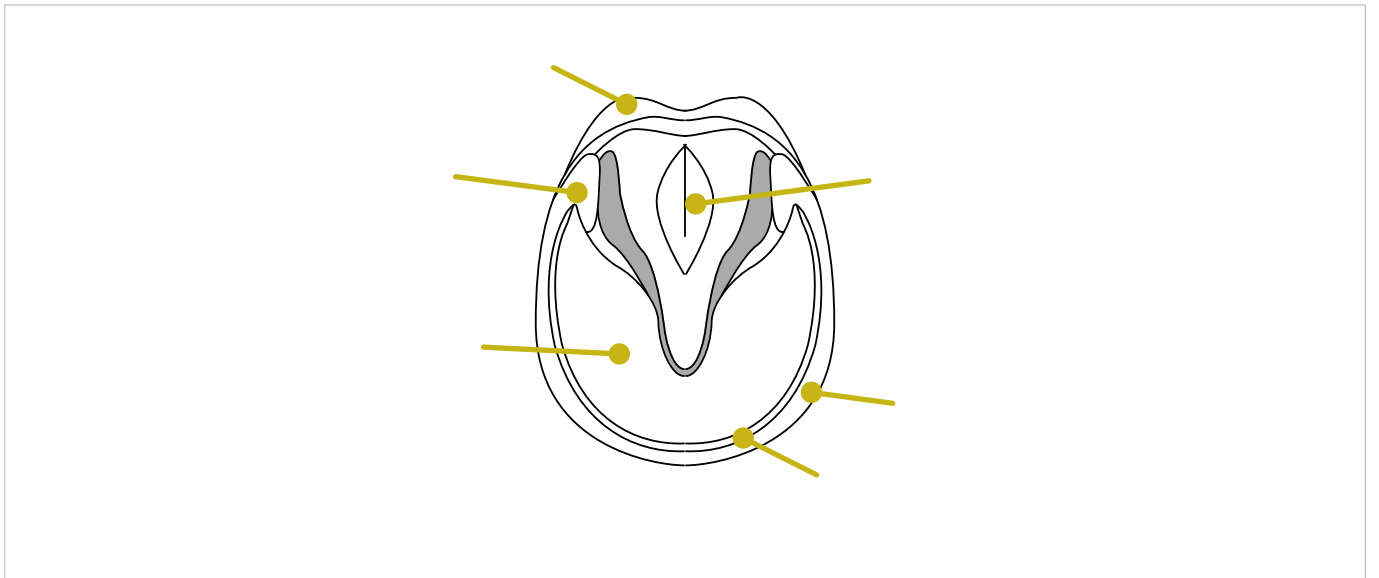Q1. At what point on the horse is its height measured? (1 mark)

_____

Q2. Why should you never put your hand or wrist through the loop of the lunge rein,
or wrap it around your hand? (1 mark)

_____

Q3. Describe the two following horse colours: (2 marks)

Bay: _____

Palomino: _____

Q4. Correctly label the heel, sole, frog, bars, white line, wall on the hoof below (6 marks)

Q5. Circle the correct answer: (5 marks)
What sex are the following:

- **Mare:** Male / Female
- **Gelding:** Male / Female
- **Stallion:** Male / Female
- **Filly**: Male / Female
- **Colt:** Male / Female

Q6. Circle the correct answer: (7 marks)
Where on the horse's body would you find the following markings:

- **Star:** Face / Legs / Body
- **Blaze:** Face / Legs / Body
- **Mid-fetlock:** Face / Legs / Body
- **Snip**: Face / Legs / Body
- **Ermine spots:** Face / Legs / Body
- **Dorsal stripe:** Face / Legs / Body
- **Half-cannon:** Face / Legs / Body

GENERAL KNOWLEDGE AND SAFETY AROUND HORSES

Q7. From the list below name the correct points of the horse on the diagram below, using arrows

(10 marks, ½ mark each)

Poll	Windpipe	Chestnut	Loins
Point of hock	Nostril	Withers	Breast
Knee	Point of buttock	Point of hip	Forelock
Dock	Fetlock	Chin groove	Belly
Stifle	Hock joint	Mane	Pastern
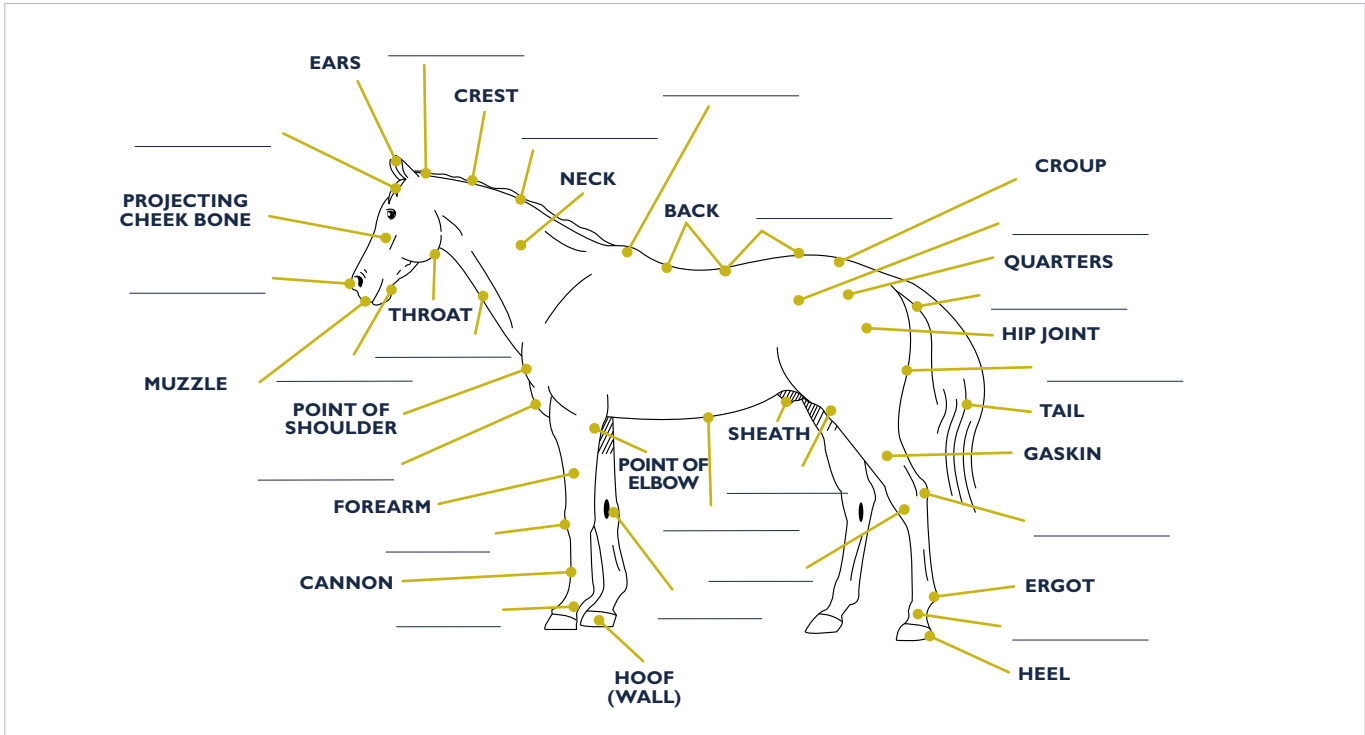
Q8. Why would you implement a no-smoking rule around the stables?   (1 mark)

_____

_____

Q9. Why would you implement measures to keep horses separate from
pedestrians in the stable complex?   (1 mark)

_____

_____

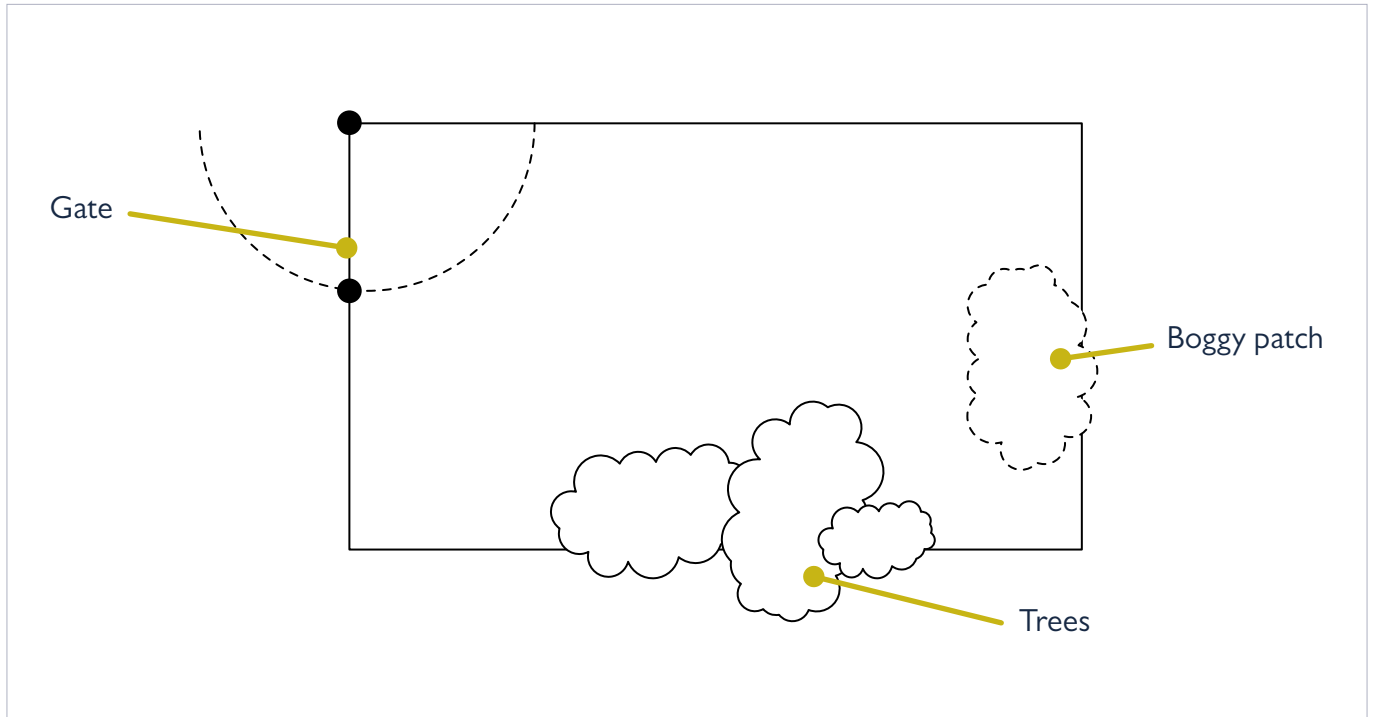Q10. List an advantage and a disadvantage for the two following bedding types: (2 marks, ½ mark each)

• Straw (advantage): _____

• Wood shavings (advantage): _____

• Straw (disadvantage): _____

• Wood shavings (disadvantage): _____

GENERAL KNOWLEDGE AND SAFETY AROUND HORSES

Q11. Circle the best place in this yard to site the water trough   (1 mark)

Q12. List an advantage and a disadvantage for the two following fence types: (2 marks, ½ mark each)

- Wooden post and rail (advantage): _____
- Wire (advantage): _____
- Wooden post and rail (disadvantage): _____
- Wire (disadvantage): _____

Coach Use Only

Total marks for General Knowledge and Safety Around Horses Theory Paper: _____ out of 39
Pass mark 32 (80%)

OPTIONAL UNIT – DRESSAGE

Participant name: _____ **Date:** _____

Coaching Outcomes	Skills Check List. The participant is able to:	C / NYC	Comments
1. Presentation of horse and rider.	• Rider turned out in clean, correct and safe clothing, and helmet • Horse turned out clean (bathed), plaited mane (and tail where required), hoof oil, and clean tack.		
2. Dressage theory.	• List the levels of dressage that can be ridden in a participant event		
	• Correctly identify the letters in a 20x60m dressage arena and put them in the correct order on a diagram of an arena.		
3. Ride a dressage test.	• Ride either Preliminary 1.1, 1.2 or 1.3 dressage test.		

OPTIONAL UNIT – DRESSAGE

COMPETENT	Has demonstrated competence in all the tasks for Trot Canter Gallop, Gallop Level: Dressage according to the assessment criteria.	☐
NOT YET COMPETENT	Is not yet competent in all the tasks for Trot Canter Gallop, Gallop Level: Dressage according to the assessment criteria.	☐
Comments If NYC, what needs improvement before re-sitting assessment?		

Participant Name: _____

Coach/ Assessor Name: _____ Level: _____

Signature: _____

Assessment Venue: _____

Assessment Date: _____ Reassessment Date (if required): _____

If you wish to transfer this program over to the EA Introductory Horse Management & Riding Certificates this assessment must be signed off with relevant comments by an EA SSTA or CE as per the requirements of the EA Intro certificates.

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The Other Dimension

This handbook has been designed and produced in
collaboration with The Other Dimension.

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